

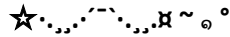


Chant-*All*
THE ALCHEMIST FAIRY

Returning
to the
Source
of *All*

Les Éditions Chantou

CHANT-*ALL*
THE ALCHEMIST FAIRY
RETURNING
TO THE SOURCE OF *ALL*



ADAPTED AND TRANSLATED FROM THE FRENCH VERSION OF THE BOOK:
« Chantou l'Alchimiste Fée de retour à la Source » by Chantal Leduc.

“CREATED FOR YOU...
SO YOU CAN RETURN
TO THE SOURCE OF *ALL!*”



CHANTAL LEDUC,
Professional Certified NLP Coach



LES ÉDITIONS CHANTOU

Catalogage avant publication de Bibliothèque et Archives nationales du Québec et
Bibliothèque et Archives Canada

Leduc, Chantal, 1971 –

Chant-All the Alchemist Fairy returning to the Source of All! ».

Comprend des réf. bibliogr.

ISBN 978-2-9812391-3-6

1. Réalisation de soi

2. Vie spirituelle

1. Titre.

Éditeur

Les Éditions Chantou

www.coachingchantou.com

Valleyfield, Québec, Canada

ISBN 978-2-9812391-3-6

Dépôt légal : 1^{er} trimestre 2013

Bibliothèque nationale du Québec

Bibliothèque nationale du Canada

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I dedicate this book
to *All* the children,
t-*All* or sm-*All*,
who, one day,
felt different from *All*.

.~`~.~>((((<^> <^>))))><~`~.

“I am here only to be truly helpful.

I am here to represent Him Who sent me.

I do not have to worry about what to say or what

To do, because He Who sent me will direct me.

I am content to be wherever He wishes, Knowing

He goes there with me.

I will be healed as I let Him teach me to heal.”

From A Course In Miracles, text.

.~`~.~>((((<^> <^>))))><~`~.

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Personal Applications

Re-Sources – NON re-Sources:

- *Strong* – weak
- *Healthy* – sick
- *Confident*– fearful
- *Safe* – threatened
- *Soft* – hard
- *Tolerant* – quick-tempered
- *Non-violent* – violent
- *Thinks before acting* – acts impulsively
- *Energetic* – lazy
- *Cleaning the root chakra* – worried about survival
- *Abundantia* – filling the emptiness
- *Powerful* – powerless
- *Reconnection with Mother-Earth* – not grounded

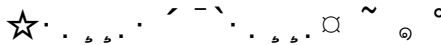
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Personal Applications

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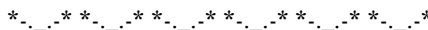
- *Joy, Joy of life* – lack of joy, lack of joy of life
- *Desires* – For example, desire for vengeance
- *Fun loving* – too wise
- *Passionate* – lacking passion
- *Seeing with your heart* – ashamed
- *Convivial person* – frustrated
- *Cutting the cord with the help of the Archangel Michael* – detached, detachment – envious, jealous, attachment
- *Heal your problems of the sacred Chakra with a stone* – menstrual problems, jealousy, aggression, problems with internal reproductive organs...



Personal Applications

Re-Sources – NON re-Sources:

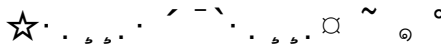
- *Power* – weakness
- *Acting according to your own free will* – not acting according to your own free will
- *Ease with communication* – difficulty expressing yourself
- *Sensitive* – insensitive
- *Facility making decisions* – difficulty making decisions
- *Staurolite (fairy cross): centration stone, stone of crossroads and choices*



Personal Applications

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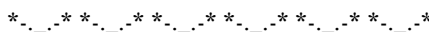
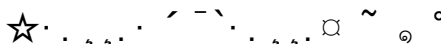
- *Acting according to your heart's path (examples of stones)* – acting according to your mind's path
- *Humanist* – non humanist
- *Stable* – un-stable
- *Methodical* – disorganized
- *Open minded* – closed minded
- *Truth* – lies
- *Joy* – melancholy
- *Exercise to remove the feeling of being abandoned*
- *Forgiveness – the twelve Steps of Forgiveness*



Personal Applications

Re-Sources – NON re-Sources:

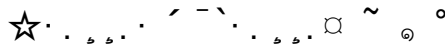
- *Love* – fear
- Constantly feeling the need to defend yourself
- *Liberated* – obstructs a lot
- *Letting go* – not letting go
- *Discipline* – lack of discipline
- *Life after death: true stories*
- *Cordierite or iolite: stone to help repel the fear of death...*



Personal Applications

Re-Sources – NON re-Sources:

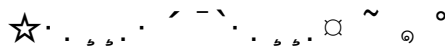
- *Abundance and wealth* – money and material problems, "limiting belief"
- *Law* – problems with the Law
- *Strength* – loss of strength... "Hara"
- *Energy* – loss of energy
- *Signs that life sends you... nightmares or repetitive dreams*



Personal Applications

Re-Sources – NON re-Sources:

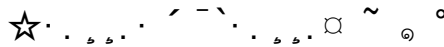
- *Self confidence* – lack of self confidence
- *Reaching a goal* – loser or winner
- *Generous* – ungenerous
- *Reassured*– worrying
- *Powerful* – powerless



Personal Applications

Re-Sources – NON re-Sources:

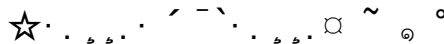
- *Altruistic, humanist* – Ego-centric
- Addicted to drugs or cigarettes...
- *Present, living in the present* – absent, not incarnated
- *Open to others* – isolated, distant towards others
- *Experience with telepathy*



Personal Applications

Re-Sources – NON re-Sources:

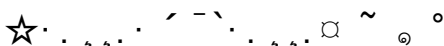
- *Ideas* – lacking ideas
- *Structure* – without structure
- *Open minded* – narrow minded
- *Harmony* – dys-harmony
- *The song that comes to your mind...*



Personal Applications

Re-Sources – NON re-Sources:

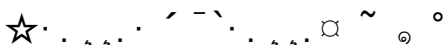
- *Flexible* – rigid
- *Direction* – lack of direction
- *Motivation* – lack of motivation
- *Letting go* – having trouble letting go



Personal Applications

Re-Sources – NON re-Sources:

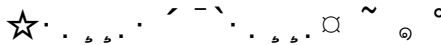
- *Enjoying the material world freely* – exaggerated interest in the material world
- *Life Mission, Divine path, Divine plan* – attachment
- *Exercise for understanding others* – conflicts, trouble in your relationships
- *Visualize the elbow and solar plexus chakras* – liver, stomach and kidney problems
- *Moving forward freely* – force, violation



Personal Applications

Re-Sources – NON re-Sources:

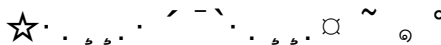
- *Events, nightmares or dreams that recur constantly in your life...*
- “Super-Mom” , “Super-Dad” or “ eternal bachelor”
- *You are unique – like everyone else*
- *Uniting All parts of the Self*



Personal Applications

Re-Sources – NON re-Sources:

- *Joy – sadness*
- *Black Obsidian stone gives great joy and a lot of happiness*
- *Empathetic, extra-sensory perception, protection:*
 - *-sea salt*
 - *-music*
 - *-stones*
 - *-Archangel Michael, Saint-Germain (purple flame)*
 - *-incense, candles*
- *Procedure for cleaning negative energy or entities in your environment...*



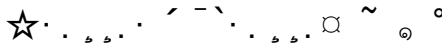
Chapter 20 – RE-INCARNATION ♥

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Personal Applications

Re-Sources – NON re-Sources:

- *Aware that you re-new every moment* – un-conscious...
- *Believing in reincarnation* – not believing
- *Your vocation, life path or purpose* – not being aware of it
- *Purification of your crystallized archetypes* – un-faithful, dis-loyal, dis-honourable, un-worthy



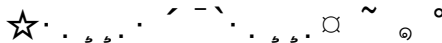
Chapter 21 – THE RE-COGNITION ॐ

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Personal Applications

Re-Sources – NON re-Sources:

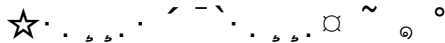
- *Servant of your Soul* – servant of your Ego
- *To achieve, to realize* – not achieving, not realizing
- *Example of channelling between heaven and earth... the human crystal... the rainbow!*



Chapter 0-22 – FAITH OR THE FOOL



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Gratitude



First, I would like to thank my Guides, God, Angels, Archangels, and *All* the Light workers who helped me achieve this beautiful dream. I would also like to thank Jesus, Mother Mary, Kwan Yin, Saint-Germain, Moses, Abundantia, the Archangels Michael, Uriel, Raphael, Haniel and Gabriel for their inspiration, Love, optimism, healing, protection and guidance...

I would like to extend my thanks to every-*ONE* who participated in the creation of this beautiful project. Thank you to those who sent great ideas through the universe and gave me the chance to substantiate them. A special thank you to Michel, my life and spiritual companion, lover, partner and friend, who supported and encouraged me and trusted in my various projects. Thank you to my parents, Nicole and Denis, who gave me their contagious joy for life and ability to work and dream. Thank you to my brother Jocelyn for being who he is, a generous, good man and also a protector. I would like to thank my grandparents and late Aunt Marie for the whispers of information and guidance you send me through dreams at night and signs during the day. Thank you to Tanya, Michel's daughter, who communicated her enthusiasm and passion to me. Thank you to Maurice Dunberry, from "l'Atelier Tire-ligne", who illustrated the cover of the book following guide lines I received mostly through dreams. I would also like to thank Nathalie Hamelin for *All* the knowledge she has shared with me and Cathleen Johnston for her revisions.

Thank you *All* for tolerating my moods while I was writing this book.

Oh, yes! There were many Moods, ups and downs. For those who have never experienced writing a book... While I was writing this book I lived two different states of being. I felt as though I were pregnant and also in therapy. Writing is a creative process, a bit like being pregnant but also THE HIGHEST FORM OF THERAPY THAT EXISTS. We can often come to terms with some problems just through writing, because it is an extremely healing and liberating exercise. Furthermore, writing enables us to pass on the *enlightenment* we have received as if we were naked and sharing a great part of ourselves. Writing can give rise to many emotions and feelings. Some of our many archetypes may be revealed including Alchemist, Super Mother, Saviour, Victim, Rebel, Nature Child... Thus, people around us also experience a form of HEALING because, we are *All* linked! Yes, *All* United!

Many thanks to Life

Chant-All
(Chantow)
Chantal Hart Leduc
Chant-All He-Art Le-Duc
XOXOXO

The origins...



Good *night*, Good *evening*, Good *DAY*! My nickname is Chant-*All* the alchemist-fairy. Chant-*All* is derived from «Chantou» in French... I have not always been an alchemist-fairy... but yes! In fact I have always been an alchemist-fairy, but... I didn't know I was one... Yes! In fact I have always known, but... I was not *conscious*... WOWWWWW! That's it... I was not *CONSCIOUS*... I was not *conscious* of a multitude of things in my life... Oh yes! A multitude and much, much more!

You may be wondering, “What is an alchemist-fairy?” The main goal of an alchemist-fairy on this earth is to spiritualize the material, in other words, to reveal the *in-visible* or spiritual through the material, or the visible and concrete. The fairy has angelical sight: she has the nature of an angel with a big ego while the alchemist is more down to earth or grounded. They represent different parts of me. They are the perfect balance between male and rational (the alchemist) and female and intuitive (the fairy). The purpose of the alchemist is to transform lead into GOLD. The alchemist-fairy guides her brothers and sisters toward their own purification, so they can enjoy *All* their re-*Sources* and shine *All* their *Lights*. The mystical flame, the passion, the interior jewel, the inspiration, the Divine in you, the Source, the higher Self are *All* different ways of talking about your spiritual Self, the part that we have to re-tame and re-unite to be a complete BEING. HAVING... HAVING AND BEING. BEING AND HAVING. BEING... THE VERB... GOD... FAITH... GOLD... WEALTH AND ABUNDANCE! Yes! A multitude... and much, much more!

I discovered that I had many affinities with the Soul family of the alchemist-fairies while I was reading a book written by Marie Lise Labonté “Les familles d’âmes” (translated as Soul Families) while attending my classes on Tarot cards. My teacher gave me a list of books to read and despite my research, I did not find any of them when suddenly, the book of Soul families called out to me. In no time, I had read this magnificent book. The more we evolve spiritually, the more we learn who we really are and understand, more and more, the messages the Universe is sending us. At that moment, I did not have to read the books my teacher had suggested to me only the ONE my Soul wanted me to read. That was what I allowed mySelf to do, that was *All*. In the past, I might have doubted, but not at that stage of my life. Because I am not at my first incarnation and because I like to learn it *All* (Chant-*All*), I saw mySelf in almost every Soul family that Marie Lise described. Because I am curious by nature and I want to know it *All*, I often belong in several groups at the same time. After a few moments of meditation and a lot of intuition, I quickly realized that the family that looked the most like me was the alchemist-fairy family. After *All*, a few years ago, I was an analytical chemistry technician for nearly seven years at Safety-Kleen, a company that recycles hazardous wastes. In addition, the main goal of the fairy is to protect animals and the environment... By nature, I am a great animal protector. I take care of wild birds that fail their first flight. I feed homeless cats. We even adopted a male cat that used to be homeless and called him “Bob the rectangular sponge”. I feel very close to animals and nature, as though I understand them and can feel what they feel, as if we were *All* linked! Yes, *All* United!

I was born Chantal Hart in Huntingdon. Hart (He-*art*) is my father’s last name. When I was 19, my parents divorced. I also divorced and decided to take my mother’s last name: Leduc (Le-

Duc). At the age of 20 I was living with a new identity. Chantal Leduc was born. I was still living in Huntingdon, but my karmas changed. My energy also changed. My expression was transformed with my new identity. I became more feminine, more Yin with time. However, there had been a separation ... and “WE” had to fix it. At that time, “WE” were still un-*Conscious*. Often, to be more balanced, we must go to extremes to find our own perfect balance. I changed from a very analytical and critical personality, to a personality that loved change and became more adaptable and social, even more social than I had been before. I inherited my balance and caution from the name Hart, but I was easily influenced. By contrast, the name Leduc made me more understanding and worthy, but also excessively emotional. The only part that did not change was the ONE related to my first name. Chantal brings me my very great curiosity, dynamism, sociable nature but also ambivalence. Chantal Hart had a great need to speak and communicate. Chantal Leduc has, above *All*, a need to create and succeed with several projects. She is very original, even on the fringe. Whether she is Chantal Hart or Leduc what she produces is still the same. She fulfills. She perseveres, and she is well organized. As Chantal Hart, my karma was connected at the level of organization and work, conciliation and the couple and at the level of confidence and pessimism. As Chantal Leduc, my karmas were transformed. I no longer had any problems with organization or work, but I had emotional problems and difficulty opening up to others. I passed from inspiration and effectiveness to harmony and responsibility. My life path or my numerology remained the same because my date of birth did not change, so I am still interested in the inner life, wisdom and independence.

Along came the thirties and they came a little bit too fast for me. When I was young I thought I would not make it through

the thirties. I believed that after the twenties everything was finished for me. When I made it to twenty-nine and a half, the bell rang and rang loudly. I questioned whether I was with the right person (eleven years with the same man)? Did I want to continue with the kind of job I had? Was I in the right place at the right time? I was asking the existential questions you ask when you reach the end of your thirties or forties, but not at the end of the twenties like I did. When I turned thirty I left my life companion and moved back to my mother's home. I continued to date him for five years and I became single again. I bought myself a condo. I worked two jobs at Safety-Kleen and in a restaurant, and I attended university. I was studying for a bachelor's degree in administration (financial planner) at that time, and I changed for a certificate in psychology. I wanted to understand mySelf and the relationship I had experienced with my former partner... I also registered in NLP (neuro linguistic programming) at the CQPNL (Centre Québécois Programmation Neuro Linguistique), to become a Certified NLP Coach. Meanwhile, my gifts began to appear in my life... another important step on my path. Life helped to celebrate this great change by introducing me to someone, a new friend, who gave me the nickname: Chant-*All* (Chantou). My Soul felt a strong resonance upon hearing my new name: Chant-*All* (Chantou). I felt chills *All* over my body from head to toe. In November 2001, Chant-*All* (Chantou) was born at the age of thirty. I experienced a transformation and not a death as I had expected... Death is a transformation, a positive transformation, the end of a step and the beginning of another. The butterfly emerges from its cocoon! Re-birth...

You know, in some cultures, when a person makes a significant step or a significant change in his life, he is given a new name, a new identity. That is exactly what happened to me. Life magically ensured that I lived a change of identity, without my

noticing it. From my birth to the age of 19, my name was Chantal Hart. From 19 to 30, my name was Chantal Leduc. Since the age of 30, my nickname has been Chant-*All* (Chantou) and my name is Chantal Leduc. Sometime soon I will return to the courthouse and change my name again to Chantal Hart Leduc, even though I have thought of mySelf as Chantal Hart Leduc (Chant-*All* He-*Art* Le-*Duc*) for a while. I accept *All* parts of mySelf. I love them and I live very well with them. Furthermore, I eliminate karmas with *All* these names. Ha! Ha! Now you know that my feminine part is Leduc, my masculine part is Hart, my Soul is Chant-*All* or Chantou, my uniqueness is Chantal and my Soul family is The Alchemist-fairies. If you see me somewhere, feel free to call me by my nickname “Chant-*All* or Chantou” that way you will communicate directly with my Soul something it loves. To me, Chantal sounds more individual and Chant-*All* (Chantou) more Universe-*All*. I have a Self that is Me and another that is We...US, ONE, ALL. That is the connection between you and me! I knew we were *All* linked, *All* United!

As I mentioned earlier, I am curious by nature. I am 40 years old, and I have been studying since the age of 5. Do the math by subtracting six to 12 months, and you will be very close to the number of years I have wanted to study. Wanted, yes, and I will continue to study for the rest of my life because I love to learn. Learning is crucial in my life. I am here to learn. I will share my *enlightenment* and *knowledge* with you in this book and those to come, because I must re-establish the balance. For several years, I have been the one receiving and now it is my turn to give. I wrote this book through the intervention of my dreams. During my Tarot classes, I had to sleep with each card that I was studying for five nights and I had to write down my dreams in the morning. It was not a burden for me, because I had been writing down my dreams every morning for several

years by then. The dreams I had during my Tarot classes, among others, inspired me to write this book. The twenty-two chapters in this book combine, in fact, *All* my various areas of *knowledge* which include tarot, numerology, NLP, angels, prayers, affirmations, meditation, Laws of the Universe, chakras, and so on. I wrote this book using the language of the Soul, the language of the *He-Art*. In other words, do not necessarily try to understand everything you read with your logical or rational mind, because this book has been designed to heal the Soul. There is no better way to communicate with the Soul than through symbols, metaphors, stories and personal applications! So, let me recount...



Chapter 1

FAITH



It is the beginning...

The Juggler, the Wizard, the Magician, the Alchemist... are *All* characters with huge potential. They are equipped with *All* the necessary tools. They can do *All!* The real secret is in the “Law of the WILL”.

The Divinity that comes to mind when describing this image is Jesus. He came to Earth to show us that we have everything inside of us. Through his words, actions and inspiration he has shown that *All* re-Sources are within us. When he said, “I WILL that the WILL of God be done”, we can feel in every inch of our being that God’s WILL is to fulfill *All* our desires, especially those connected to our He-*Art*, and we can also hear that our WILLingness must be used to maintain a “clear vision” of our intention. By nourishing our desire with faith, we WILL receive what we have been asking for. On the other hand, we must not be weak. Faith is a very great Source of power and strength, because it requires a lot of WILLingness from us.

All we finally have to do is to open the door of our heart to receive the Heavenly messages predestined for us. Furthermore, when we give flight to our Spirit and Soul, we feel released, lighter and freer... By breaking down the walls around our heart, we hear our inner voice... our intuition... our wisdom. God is our center. This is our wealth! To illustrate this, in the book *A Course in Miracles*, it is written: “Christ is

in me, and where He is God must be, for Christ is part of Him.” This affirmation reinforces the idea that we have *All* the potential in us to create *All* we desire. However, we must be careful what we wish for!

This brings me to tell you that we are co-creators of our lives. We are working in concert with God to create our own existence, the very ONE we have imagined. We participate with God in making our lives what they are. We have a lot of power, but are we really *conscious*? Do we really know? We have a lot of power, because what we think, say or do, WILL come together sooner or later on our path. Our thoughts, words, writings, and actions are *All...* forms of requests. “Ask and ye shall receive” said Christ. Thus, our thoughts, words, actions and writings are like many forms of prayer... Oops! The *conscience* is becoming involved.

We must be *aware* of what we think, say, do and write... because it will come back to us. “Give and you’ll receive” said the Saviour. That is how we participate in creation. It is up to us to be careful what energy we send into the Universe. Here is a situation that I experienced recently. On a beautiful afternoon, I decided to go to the jeweller. I wanted to park my car in front of the store. At the last minute I saw a parking spot, but until I was parked, I blocked the traffic behind me. A lady in a van behind me was angry and I saw her talking loudly and making gestures. I guess I was not very Zen that day, because I said a few bad words in my head at that moment. As I finally finished parking the car, the lady in the van passed by and her passenger said the same bad words I had just thought seconds before. I howled with laughter! I got as good as I gave. As we become increasingly *aware*, life quickly shows us what we have created, especially when it comes to thoughts, words or behaviours that are not entirely centered on

Love. At that moment, we are creating what we call karma. When we judge or criticize, we are also judged or criticized. When we hate or convict, we are also hated or convicted and so on, until we understand. The karmas are lessons that we have come here to resolve in our human experience. *Awakening* will begin at the required moment, if applicable. Ill effects and *diseases* are often the result of our creations or imagination taking the wrong path... a non *Luminous* ONE. Because of those negative creations, we obtain results that express non *harmonious* insights. The body then creates ill effects and *disease* which are messages sent to help us understand that there is something wrong in our life. Sometimes you have to experience the *dis-ease* itself or perhaps you are a healer and you need to experience it before you can help others, although not necessarily. Our body talks to us *All* the time and we just have to listen. Jesus knew that the *dis-eases* were often the result of our thoughts, words and behaviour... *dis-oriented* on Love. After curing a patient, he said: «Go and sin no more, lest a worse thing come him. » Now, we know sin is the opposite of joy so have faith and be happy!

I am guided to help people *awaken*, so their Souls may vibrate in harmony as they are intended to. I consider mySelf a “Soul *Awakener*”. I receive Celestial messages for the evolution of my clients. I connect with their Souls and relay messages from them. My life path is to help my brothers and sisters harmonize their being on Earth... Body-Spirit-Soul the Holy Trinity! What? The idea is to be a complete being from within. The ultimate goal is to be able to satisfy our needs and improve our happiness without requiring anything from the outside world.

When there is a non *harmonious* inner Self (or outer Self, because both are the same), it is because the physical body is not aligned with the Soul. Our feelings are confused, as though something was missing, and with time illness is created. The Soul lives in deep sorrow; because God's Divine purpose is not fulfilled. You know the life path YOU HAVE CHOSEN to Light up your life. Your Soul knows your Divine plan and knows when you are doing something other than what you were born for, which explains why you feel the urgent need to do the things you feel so deeply. As if we must hurry to act without knowing exactly what it is we have to do. We may not know what to do, but at least we are *conscious* and feel that we have to accomplish something, and that time is running out.

When we are in total *harmony*, we feel a great joy, almost indescribable, as if we were bubbles in a luxurious bottle of champagne not a "Cordon Rouge", but high class champagne. People see us and smile as though they see or hear our inner laugh, because we are the same inside and out. We attract abundance, prosperity, joy and Love because we are happy and in *harmony* with *All* parts of ourselves. As I mentioned earlier, I am a "Soul Awakener", but occasionally it still happens that I am not in total *harmony* with my own Soul. That is perfectly normal, because I was *dis-connected* from it for a large part of my life. Consequently, sometimes I take a wrong path and return to my old habits. When that happens, life tells me quickly enough. Abundance decreases, the phone rings less, my intuition does not respond and ideas do not come easily... I sense that I cannot teach or give what I do not have mySelf, just like the old saying, "How can you Love someone else if you don't Love yourSelf?" How can I help someone to vibrate harmoniously with his Soul if I am in rebellion with mine and what it tells me to do? Anyway, do not worry, your guides, intuition, inner voice and Christ within you or your higher Self

will tell you who to call when you need it the most and at the right moment for you. BE patient. Nothing occurs by pure coincidence. Everything happens for a reason. So, we have everything inside us to accomplish what we REALLY desire, *All* we need is faith and a bit of patience, and the trick is done (*All* WILL be well). If you still cannot believe it, I will ask you to close your eyes and imagine I have a beautiful magic wand, and POOF! I will cast a spell on you and from now on you can do everything you wish! Yes, everything is inside you... Yes, absolutely everything!



Personal Applications

This chapter discusses the work as it relates to the evolution of an individual's personality. The type of person we are looking at is totally un-*conscious* of her own power and strength and does not even know that she is the creator of her own existence. In-*stability* may be present in her world: fear and weakness may also be present. This could be a person who is not anchored or grounded to our dear Mother-Earth. There may be a lack of confidence and faith, causing in-*security*. We could also be dealing with in-*activity*, stagnation, laziness... if and of course only if, there are emotional blockages. Otherwise, someone who vibrates in a vortex of positive energy will resonate with the total power, strength and courage she is supposed to have. This person possesses a masculine energy and is very active thanks to a complete absence of need and fear. She will express no signs of violence or anger. She knows her strength. She knows what she has. She is acting with *All* her strength and power.

To determine if there is emotional blockage in your personal life, I suggest you take the time to answer the following questions as honestly as possible:

✓ **Do you consider yourSelf a weak person?**

If so, under what circumstances do you experience weakness?

How do you know?

Are there occasions when you feel *strong*?

What re-Sources are missing in your present life that would make you *stronger*?

How would you know that you are *strong*, or that you have *strength*? What do you see? What do you hear? What do you feel? Insert everything you see, hear and feel into *All* the cells of your being... and feel the *strength* in you. Then memorize this experience and give it a name, an image, a colour, or a flavour... Make sure that you have access to it whenever you want in the future. Put it in a safe place inside you...

✓ **Are you often sick?**

If so, consider the situations that can or may make you sick. Identify them.

How can you be certain that these kinds of situations can make you sick?

What can you do to improve the situation and make yourSelf *healthy* again?

If you do not know, pretend you know... You must know someone who is *healthy*, so think about what exactly that person does to be *healthy*? Now, what can you do to be *healthier*?

Have there been any events in your life that have had favourable effects on your *health*?

What could you do in your present life to increase the number of occasions that would have beneficial effects on your *health*? What are you waiting for?

✓ **Are you a fearful person?**

If so, when do you experience a sense of fear?

Are there occasions in your life when you have felt *confident*?

Look at your experiences of total *confidence* and see how they differ from your experiences of fear. What have you found? Consider the following chart and then create your own:

Experience of <i>confidence</i>	Experience of fear
I feel good about myself.	I don't feel good about myself.
I experience a sense of peace, love and joy.	I feel upset. I am nervous and anxious.
I glow. I am inspired. I feel positive energy.	I am in a dark mood. I have negative thoughts.

✓ **Do you often feel threatened?**

If so, under what circumstances do you feel threatened?

Are there occasions in your life in which you have felt completely *secure*?

What do you think is missing in your present life that would make you feel *safe*? Why?

What can you do, right here and now, to bring those missing items into your life?

✓ **Are you a hard person?**

If so, I recommend that you meditate on the subject. Find a comfortable position and ask to be *enlightened* about why you are a hard person... I suggest you take the time to understand what there is to understand specifically at this level. Then, I would ask you to write down what you have received. This contemplation could take several days, even weeks. Write down what you receive each day and meditate on it... Do this exercise for as long as you feel you need to.

✓ **Are you quick-tempered?**

If so why?

When are you the most likely to be angry? Why?

How can you bring more *tolerance* into your life, right here and now?

Where do you think this anger comes from?

Try to return to the Source of this anger and bring *gentleness* into your life now. Close your eyes and return to the Source of the emotion. Trust yourSelf; you will naturally go back by simply sending out the intention... Then give it a new Source, a *softer* ONE. This Source of *gentleness* may be whatever you want. Give it a *soft* colour... a *sweet* smell... a *sweet* sound... a *sweet* name... see it... hear it... feel it... You could ask for help from Angels, Archangels, Ascended Masters, your Guides, God... as you wish. Stay there as long as you desire simply feeling that *gentleness* inside you... When you are ready, open your eyes. From now on, every time you feel anger, reorient yourSelf by fully recalling this experience of *gentleness*. Bring the emotion straight to your heart and enclose it with LOVE. Repeat the exercise every time the emotion of anger returns and, with time, the anger will totally disappear. Being ever more *aware* and *conscious* is the key to healing yourSelf!

✓ **Do you tend to be violent?**

Why do you think you are violent?

What lies behind this behaviour or that emotion?

Can you do something else to express this violence without hurting anyone in any way? For example through the arts, physical exercise, writing...

Have you ever been through an experience in your life in which you responded without violence?

How can you be less violent (*pacifism*) right here and now?

A warrior often tends to be violent, yet violence breeds violence in return. The idea is to use that energy effectively. It is a very powerful energy and you must find a way to release it. You must express it, but without harming anyone. I advise you not to keep this type of emotion inside you. Express it through singing or writing, either by doing a sport, martial art or kickboxing, for example, but you must channel this energy out of your body. Describe to me how are you going to proceed?

✓ **Do you tend to act without thinking?**

Are you someone who acts first and thinks later?

If so, under what circumstances do you act without *thinking*?

Are there occasions in your life when you do *think before acting*?

Remember an experience when you did *think before acting*. Take note of that moment. Take a look at the image of this moment, as if it was a picture. What do you see? What do you feel? What do you hear? What do you smell? Do you have a particular taste in your mouth?

Now, do the same thing, but memorize an experience when you have acted without thinking. Take note of that moment. Look at the image of this moment as if it was a picture. What do you see? What do you feel? What do you hear? What do you smell? Do you have a particular taste in your mouth?

Compare the two experiences and notice the differences. In the future, when you act blindly or without thinking, you will notice it immediately and you will be able to correct it, because you now know the characteristics.

✓ **Are you lazy?**

If so, why do you define yourself as a lazy person?

Are there days when you feel you are not a lazy person?

Why do you think you are more *energetic* some days and not others?

Remember a day when you were *energetic*. Feel the emotion, the *energy* you experienced at that precise moment. Stay in that state, and say aloud: "I am an *energetic* person, right here, right now and forever!" Write this affirmation on a piece of paper, stick it on your bathroom mirror and repeat it as often as possible every day.

✓ **Are you worried in general about your survival?**

If so, what do you think you need to survive?

What are you lacking?

Sometimes people who have an emotional blockage at the level of the first chakra, the root chakra, fear for their survival. This chakra represents survival, instincts, security and the basics of life. When there is an emotional blockage at this level, depending on the person or the situation, the chakra may choke up, turn in the wrong direction (counter clockwise), reduce or increase its frequency and get smaller or bigger. Visualize it like a ceiling fan or a funnel, for example, at the base of your spine, the coccyx. The shade you should see it as is a bright

reddish colour, but any colour you see it is the right one.... It turns clockwise. You can clean it under the shower by putting your left hand on it and unwinding it with your right hand, your fingers pointing towards your body. Turn three times counterclockwise and put your hand under the water a few seconds, then unwind it three times but clockwise this time. Do this exercise for as many days you feel you need to. With time, you will probably feel it in your own body.

✓ **Is there anything missing in your life?**

How do you know there is something missing in your life?

Do you believe lack REALLY exists?

What do you think you are missing?

Has it ever happened that you thought you would lack something in the future?

Are you aware that you have probably programmed that lack yourSelf?

Abundance exists so that we can *All* enjoy it. Because the game of life is: “Ask and you shall receive”, I suggest that you pay attention to what you are asking for in general. If you feel there is something missing in your life, you must necessarily ask for it. By asking, I mean asking in *All* the possible ways: through words, thoughts, actions, emotions... If you are not receiving LOVE in your life, it is probably because you are not giving any to others or yourSelf. Do you understand? If, for example, you have been afraid that you might run out of money, food, or anything else, and you have put some aside EXCESSIVELY, do not be surprised if you run out one of these days. I suggest you take a few minutes to meditate and be *aware* of *All* the feelings you have related to the fact you might run out of something in

the future. Simply ask to be informed about the Source of these feelings and you will receive a response eventually. However, be careful, the answer may take several possible forms. It is up to you to interpret the messages you receive! (And this is something I can help you with.)

“Abundantia is a beautiful goddess of success, prosperity, abundance and good fortune, she is also considered to be a protector of savings, investments and wealth”, according to the writings of Doreen Virtue in her book *Archangels & Ascended Masters*. If you believe in goddesses, I suggest you call upon Abundantia by saying a beautiful prayer, because her mission is to show us the way to “the Source of All”. However, we must ask her first. Personally, I pray every day and almost every time I thank Abundantia for the abundance in my life!

P.S.: By prayer, I am not referring to religious prayers, but specifically to the words that you receive intuitively when you go to pray. Let yourSelf be guided by the wisdom or your He-Art...

✓ **Do you consider yourSelf a coward?**

If so, when do you think you are the most cowardly?

Have you ever had an experience where you felt you had *power*?

If so, make a note of that experience. If not, you must certainly know someone who has experienced great *power*. It might be a friend, a famous person, a person out of history perhaps, or anyone else. Try to feel the experience of *power* in *All* your being... Give it a colour... a smell... an image... a name... Pretend you are living the experience, here and now. Take *All* the time you need to really see, hear, feel and taste this beautiful experience of complete

POWER. Now, take *All* the goodness of this wonderful experience of *power* with you as best you can, so you have access to the *POWER* whenever you want in the future. Now you can access this great *POWER* anytime you wish. It will always be a part of you... Relive an experience of cowardice and as soon as you feel the emotion, bring back the energy from the experience of *POWER* immediately. Take the time to enjoy the experience of great *POWER*... Imagine another experience of cowardice that could take place in the future. As soon as you feel the emotion of cowardice, bring back the energy of your experience of *POWER* immediately. Take the time to savour this great experience of *POWER*... Repeat this exercise until you cannot feel the emotion of cowardice anymore... You are a perfect, fully *powerful* being... here, now and forever!

- ✓ **Do you feel that you are not *connected* to Mother-Earth? There are several reasons why many of us are not grounded; here are some examples:**

Did you have relationship problems with your biological or adoptive mother? Did you ever feel that your mother was absent?

Have you ever felt as if you were a butterfly?

Have you ever had any problems with your legs, knees or feet?

Have you ever had an accident? A car accident or any other kind?

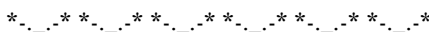
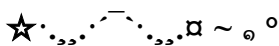
Do you move often?

Do you travel by plane a lot?

Has anyone ever been physically, sexually or verbally aggressive towards you?

If you answered yes to one of these questions, then it is very possible you are not *connected* to Mother-Earth. I suggest you do the following exercise once a day, preferably in the morning when you wake up:

Sit down and visualize roots growing from the soles of your feet and moving towards the center of the Earth. Feel the heat, safety, security, Abundance, creativity and Love of Mother-Earth passing through the roots and going directly into your feet. You will feel the energy flowing through your feet. You will then feel *All* of this beautiful energy in your knees, legs, buttocks, waist, stomach, chest, shoulders, arms, hands, neck, head, in *All* your organs in *All* your body and in *All* the cells of your being. You are now filled with the heat, safety, security, Abundance, creativity and LOVE of Mother-Earth.



Chapter 19

THE *CONSCIOUS*



The Dawn is now upon us. Golden yellowish-orange colours are in the sky. The Sun rises. It is the beginning of *enlightenment* and the end of ignorance. The innocence of the child is his greatest power of *All*: Love, Beauty, Light and Truth. This is the healing and liberating of parts that were imprisoned and smothered in the *un-conscious*.

We are now at the Arcanum of wonderment... a child's wonder. We are full of joy and wonder for life with hearts as pure as a child's... our inner child... and the wisdom of our grandparents.

Arcanum 19 is The Sun which calls for *enlightenment*. We have passed over the many satisfactions of the senses. We are now called upon to share spiritual nourishment with our brothers and sisters on Earth. We are called upon to share life's secrets. Temptation is always there, but we now know something else. There is pleasure beyond that provided by the five senses. Success is ours. A life filled with abundance. Life's energy is transported and it nourishes us with great strength, but it is *in-visible* to those still in the shadows. Protection and prediction help us on the path of destiny.

The inner child is One of the archetypes discussed in this chapter; the innocence, wonder and joy of the child that also covets wealth, wisdom and experience. Experience in a form of Love, never experienced before. This is a Love so great that sex is nothing; an androgynous Love since the inner man and woman are now ONE. A radiant being, shining with *All* its

power. The test and initiation... have now been proven. Divine Light sends rays of *knowledge* and joy. We receive energy from the Sky and also the Earth and we give it back to our brothers and sisters. However, we must still spend a few moments of solitude to allow our Soul to center itself and to integrate. This energy, this great power was transmitted to us through a major inner cleaning. Cleaning of what was previously obscure at the *un-conscious* level. The result allows us to be happy and filled with purity and *All* in total *Consciousness*.

The Source of our healing is God; Love, *unconditional* Love, Peace, Joy, Trust and Faith... great Faith in God. We have undergone an Internal cleaning of our old wounds. We are now open to our Higher *Consciousness*... and we are going toward greater Wisdom. However, we still have three small Laws to pass through before achieving the greatest Wisdom of *All*. The Law in question here is the Law of Polarity; after night comes day, after death, birth... or rather re-birth!

The Arcanum, The Sun is related to the seventh astrological house, and therefore marriages, partners and unions... Union is a sign of great stability and abundance in our lives. A human being who works with Celestial and Earthly forces tends towards his own evolution. The unfertilized egg is a symbol of Universal chaos. The rainbow is the alliance between humans and the great forces of the Cosmos. The table symbolizes stability, unity and abundance, and if it is covered with food when it is overturned, then it is the sign of a broken marriage. If there are any eggs on the table and the table is overturned and an egg is broken, then it signifies inner relief. *All* that work is done with the help of our Guides. There is communication with the Spirit of infinite intelligence. A new life purified of our past experiences; the empty glass. You

remember, in chapter 14, the voice I heard that predicted the birth of a child. Well, this is it.

Communicate with the *visible* and *in-visible* world. Listen to what Guides and Spirits have to say. Learn to recognize your own Soul families. Where you come from and where you are going to... Getting to know your real Self... To be informed... No longer from the outside to the inside, but rather from the inside to the outside... This is the song of life!



Personal Applications

In this chapter, *All* the attention is put on *Consciousness*; *Consciousness* in *All* its wonder. Live *conscientiously*, at least that is what we are trying to achieve! We pass from the *un-consciousness* of night to the *consciousness* of day. Then, if that is our Divine plan, we will go to the great *consciousness*; the west to east axis is of great importance in our daily lives. The Sun rises in the east and sets in the west. The Law of Polarity illustrates the balance of life, *consciousness*, *un-consciousness*, day, night, work, rest... A person who vibrates in a vortex of negative energy will play the role of the so-called healer and will practice spirituality in solitude. This kind of person will be in conflict with God, she will be the greatest of rebels. Her radiance will be very limited, since her spiritual journey is not shared... if and of course only if, there are emotional blockages. Otherwise, a person vibrating positive energy will play the role of a healer of Light, in other words, she is a medium of Light and not darkness like she used to be. She will radiate a great spiritual Light that will allow a Union with the Masters or her Soul family. She will be in contact with Light beings and Guides. She knows how to get help from *in-visible* forces. She is supported from above. She gets help from Guides. She recognizes her resemblance to other Spirits. She communicates from Soul to Soul. She recognizes the needs of the Soul. And *All* of this, with joy and simplicity!

To determine if there is an emotional blockage in your personal life, I suggest you take the time to answer the following questions honestly:

✓ **Do you often feel sad?**

Do you lose feelings of *joy* quickly?

If so, then I suggest you pay attention to the times when you have lost the thread of *joy*. Can you compare these moments with those when you were *happier*? Notice what's wrong... What brought you into this state? Is it because of words you may have heard? Is it from the past? A movie you saw? An emotion you experienced? What happened exactly? Why are you like this? Make these observations for at least three situations in which you have experienced sadness... Then compare your experiences... What are the differences? What are the similarities? Then ask aloud what is the Source of *All* your moments of sadness... you may receive an answer in symbolic form... a colour... a smell... a sound... a song... a word... a special taste... Your goal is to uncover the meaning of this message... What does this symbol mean to you? What is your Soul trying to tell you exactly? You may not be well *connected* to it, since you live in a kind of dis-harmony. Maybe your Soul has recognized something that you have already experienced in another life... So, from now on you know the Sources of your sadness and this will allow you to be *aware* in the future. You will be *aware* of the Sources before sinking into sadness in the future.

If you wish, you can repeat the exercise for other times when you have had similar experiences. The more you know about your Sources of sadness, the more you will be able to prevent them from occurring in the future.

Then, I would ask you to make a list of images, words, sounds, music, songs and emotions that make you *happy* and feed your *joy*. Any form of *joy* is welcome on your list. Write down everything that is *wonderful* to you. Then remember a sad situation you experienced, but this time, see it a few minutes before the emotion of sadness arises... then as soon as you realize that you are sinking into

sadness, change the situation by recalling one of the items on your list of *joy*. You are stopping the sadness before it grows and in its place you experience a memory that brings you great *joy*. Repeat this exercise as often as you wish. The more you repeat it, the more it becomes a habit. A very good habit!

Music and singing, for example, are also excellent ways to ward off any Source of negativity. Listening to music or singing regularly with others repels sadness. Personally, I managed to change my way of thinking by singing. If, for example, I had a negative thought or emotion, I would sing. With time and practice, I sang without having any negative thoughts or emotions and they totally disappeared from my life. It is quite logical, since I now vibrate in a vortex of positive energy, so there is no more room for negative energy.

N.B An Black Obsidian stone gives *great joy* and a lot of *happiness*. However, if you do not respect it, it will cause you to experience great sadness and worse...

- ✓ **Do you often experience strong emotional feelings, as though you were *connected* to *All* emotion in the rest of the world?**

If so, then you probably have extra-sensory perception and are empathetic. You can definitely feel the emotions and discomforts of others. To be sure of this, next time you experience it, I suggest you ask who the emotion belongs to. Ask if it is yours. So next time you feel emotion or an discomfort, especially if it is an un-familiar emotion or discomfort, simply ask if it is yours. If it is not, it will disappear and if it is, it will stay. If it stays, ask to understand its Source. When you understand it, return it to

its Source. Imagine it going back to its Source surrounded by a beautiful white Light.

A lot of people are empathetic (kinaesthetic). In fact, empathy is the most exploited gift. If you find you have the gift to feel what others may be experiencing and you want to protect yourSelf, here are several tips for you.

Sea salt has the ability to absorb negativity and soothe you. You can use it in different ways. Add a pinch of sea salt to your bath water, and then soak in it for a few minutes. Bury small bags of sea salt around your property and at the four corners of the property to protect it. Hang small bags of Himalayan salt from the top corners of your doors; this will protect the interior of your home. You can even put small plates of sea salt on the floor at the four corners of your bed. This will protect you at night when you are sleeping. Change the salt regularly, flushing it down the toilet. There are also several types of lamps made from Himalayan salt that you can put wherever you like around your house and even in your office. I have several lamps in my house and office. Recently, I bought a small salt lamp with a USB connection for the computer in my office; it eliminates negative waves emitted by the screen thereby promoting energy in the room.

Music is also a good way to protect yourSelf wherever you are, even at night when you are asleep. If you are an insomniac, for example, you can put on relaxation music that promotes sleep and this kind of music will keep negative energy away.

You can also use stones to protect yourSelf. Black Tourmaline, Turquoise, Malachite and Black Jasper are good examples of protective stones. In addition, you can use the help of the Archangel Michael to protect you if you

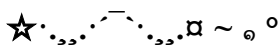
wish. His mission is protection, so he will respond to your request as soon as you ask him. In fact, *All* the Angels and Archangels can protect you.

Saint-Germain is also a great Source of protection with his beautiful purple flame. You only have to invoke the purple flame, see it and feel it inside you, for example, and it will accomplish its mission of protection. I have been protecting mySelf with it for several years. I see it in me, a bit above the heart chakra, at the level of the thymus chakra and I see it spreading throughout my entire body. I carry out this ritual every morning. And I know it really works, because I have had the chance to test it in the past. One day, I met a Feng Shui teacher who could simply see into a person's life by touching his or her aura. However, he could not see anything in mine. I knew it was because I was protected by the purple flame. Therefore, I use it whenever I feel the need. This is one of the easiest tools I use and does not require any special equipment, so it can be used anywhere.

Frankincense (incense) is also a good tool for protection, especially if you are cleaning, healing, or if you have clients who come into your office. It purifies the environment and stimulates certain things depending on the type of incense used. Sage is the incense of choice for purification, harmonization and protection. Use dried sage leaves and not sage sticks, they only perfume the environment.

Candles are also a great Source of protection. They remove impurities in the air. Furthermore, thanks to their use, you can see the toxins that are eliminated by the smoke they make. You can also see the energy in the room. If the flame of your candle is moving and there is no airflow, you know you have visitors. When you combine incense and candles, you create a double protection or purification in your

environment. Therefore, when you do *entity or energy cleaning*⁴ in your home or elsewhere, you can use sage, sea salt and candles, this way you can see if there are any entities in your home.



⁴ Procedure to clean negative energy or entities in your environment. Put sea salt on the floor in every corner of every room. Leave the salt three full days. Then, at the end of the third day, remove the salt with a dustpan and dispose of it in the toilet. (The salt must be eliminated in a Source of running water.) Then visualize a channel of light from the center of the earth up to the celestial Source through the center of your home. Go into each room, one by one, light a candle in the middle of the room and brush the air with sage smoke praying and asking the energy or entity to leave your home, say that you are the owner and you do not want it in your house anymore and speak firmly. Tell it that you are protected by God and it must leave. Tell it to leave either by a window or a door (open the door or window of each room when you enter and leave them open until the very end of the procedure) or it can go into the light. Tell it there is nothing to be afraid of and that is where it is supposed to go. Then, repeat this process for each room. When you are finished, close the channel by thanking Light beings, guides, angels, archangels, God and any entities that were willing to return to the light. Then blow out the candles and close the doors and windows if you wish. The energy of your house is now purified. Repeat the procedure when you feel the need. If you have an office where you receive clients, then I advise you to clean it like this, often.

Glossary



LIFE PATH OR NUMEROLOGY – The numerology (or life path) of an individual is calculated from his or her date of birth. For example: if you were born January 1, 1981, 01/01/1981, your numerology would be 3, $0+1+0+1+1+9+8+1=21=2+1=3$. If you were born June 25, 1966, 06/25/1966 your life path is $0+6+2+5+1+9+6+6=53/8$ and your numerology is 8. For some authors, the Life Path is the sum of all the numbers, keeping the tens so that in the first case it is 21/3 and in the second, 53/8. Other authors will break it down further. Let's take the second example: $0+6+2+5+1+9+6+6=35/8$, the numerology is always the final result so here it is 8. Nevertheless, the life path of the person passes through 3 and 5, and then goes to 8. Similarly, in the first example, the life path of the person passes through 2 and 1, and then goes to 3.

PROFESSIONAL CERTIFIED NLP COACH – A Professional Coach in NLP has successfully trained for more than 1000 hours in neuro- linguistic programming with a specialization in Coaching. This training allows an individual to develop and master the techniques and skills of NLP and grants him or her the right to use the title of Professional Certified Coach in NLP.

SOUL AWAKENER – A Soul Awakener is a spiritual Coach. She or he connects directly to the Soul of the other person in all consciousness, and sees, feels and understands... what that Soul wants to express so deeply. A Soul Awakener is someone who works in concert with the Soul of the other, Soul to Soul, bringing awareness to that person of the Soul's existence so

that she or he will receive the knowledge needed for his or her evolution, healing and life path... and much, more!

KARMA– Karmic lessons are what we are here to learn about on Earth. These lessons are calculated according to your name. The missing letters in your name are assigned to a lesson, because each letter of the alphabet corresponds to a number and the missing numbers are karmic lessons. For example: Chantal Leduc = 3815213 35433. (Based on the fact that each letter corresponds to a number between 1 and 9, we start with the number 1 for the letter A and we do a Theosophical calculation after 9 (e.g. 10=1+0=1)). In the name Chantal Leduc, the missing numbers are 6, 7 and 9. The number 6 corresponds to *marriage karma*, 7 is related to *faith* and *beliefs*, and 9 is associated with *humanity*.

ORB – Circle of light of variable size attributed, among others, according to some authors, to the presence of light beings, angels or archangels...

NLP – Neuro Linguistic Programming is a study that promotes communication with others and with oneself. It consists of techniques and skills all focused on communication and transformation. These techniques and skills are based on models taken from a variety of people who excelled in their field, such as the therapist Milton H. Erickson, Walt Disney and many more!

YIN – Cosmological principle from Taoist philosophy and complementary to yang, which corresponds to passivity, according to Antidote⁵.

⁵ Antidote dictionary

YANG – Cosmological principle from Taoist philosophy and complementary to yin, which corresponds to activity or movement, according to Antidote⁶.

⁶ Antidote dictionary

▽ Δ Inspiration Δ ▽

Claircognizance

▽ Δ Arcana of the Tarot Δ ▽

Chapter 1: Arcanum I: The Juggler

Chapter 2: Arcanum II: The Female Pope, The High Priestess

Chapter 3: Arcanum III: The Empress

Chapter 4: Arcanum IV: The Emperor

Chapter 5: Arcanum V: The Pope, The High Priest

Chapter 6: Arcanum VI: The Lovers

Chapter 7: Arcanum VII: The Chariot

Chapter 8: Arcanum VIII: Justice

Chapter 9: Arcanum IX: The Hermit

Chapter 10: Arcanum X: The Wheel of Fortune

Chapter 11: Arcanum XI: Strength

Chapter 12: Arcanum XII: The Hanging Man

Chapter 13: Arcanum XIII: Death

Chapter 14: Arcanum XIV: Temperance

Chapter 15: Arcanum XV: The Devil

Chapter 16: Arcanum XVI: The Tower

Chapter 17: Arcanum XVII: The Star

Chapter 18: Arcanum XVIII: The Moon

Chapter 19: Arcanum XIX: The Sun

Chapter 20: Arcanum XX: Judgment

Chapter 21: Arcanum XXI: The World

Chapter 0 or 22: Arcanum 0 or XXII: The Fool

▽ Δ The astrological houses Δ ▽:

CONSCIOUS:

HOUSE 1: ASCENDANT: The Self, behaviour, vitality, physical appearance, Ego, personality... of the individual.

HOUSE 2: Money earned and managed, property, appetites, possessions, personal values.

HOUSE 3: Immediate surroundings, brothers and sisters, short trips, small trips, short studies, communication, Self expression.

HOUSE 4: IMUM COELI: Home, family, origins, heredity, father, real estate, childhood, emotions.

HOUSE 5: Love, pleasure, recreation, children, creation, luck with games, relationships with children.

HOUSE 6: Everyday life, daily work, colleagues, subordinates, health.

UN-CONSCIOUS:

HOUSE 7: DESCENDANT: Unions, marriage, the other, associations, contracts, the subject's attitude toward others, spouse, partners.

HOUSE 8: Passions, crises, transformations, the subject's real or symbolic death, investments, sexuality, birth, inheritance, other people's money, secrets, occult science.

HOUSE 9: Big trips, spirituality, the foreign, philosophy, higher education scholars, the abstract, rights and legalities.

HOUSE 10: MIDHEAVEN: Social success, professional destiny, mother, career, ambitions, the public, celebrity, the highest potential of the subject.

HOUSE 11: Friends, group projects, support and protection, humanitarian life, relationship with people and the world, aspirations.

HOUSE 12: Enemies, trouble, loneliness, hidden difficulties, secrets, the inner Self, serious illness, hospitals, prisons, convents, any place of confinement, inner crises, the *un-conscious*, the family *un-conscious*, the family shadow.

▽ Δ For the majority of the Universal Laws Δ ▽:

Inspired by the Laws in the following book: COUPAL, Marie. *Le Guide Du Rêve et de Ses Symboles*. De A À Z, tous les sens de vos rêves, Paris, Éditions J'AI LU, 2008.

Chapter 1: "Law of the Will" « Loi de la Volonté »

Chapter 2: "Law of Attraction" « Loi de l'Attraction »

Chapter 3: "Law of Vibration" « Loi de la Vibration »

Chapter 4: "Law of Realization" « Loi de la Réalisation »

Chapter 5: "Law of Inspiration" « Loi d'Inspiration »

Chapter 6: "Law of Free Choice in Love" « Loi du Libre Choix en Amour »

Chapter 7: "Law of Responsibility" « Loi des Responsabilités »

Chapter 8: "Law of Cause and Effect" and "Law of Consequences" « Loi de Cause à Effet »

Chapter 9: "Law of Knowledge" « Loi de Connaissance »

Chapter 10: "Law of Cycles" « Loi des Cycles »

- Chapter 11: “Law of Absolute Effort” « Loi de l’Effort Absolu »
- Chapter 12: “Law of Compensation” « Loi de Compensation »
- Chapter 13: “Law of Transformation” « Loi des Transformations »
- Chapter 14: “Law of Transformation by the purification of what is dark in the Un-*Conscious*” « Loi de Transformation par le nettoyage de tout ce qui est obscur dans l’inconscient »
- Chapter 15: “Law of Diabolic Forces” « Loi des Forces Diaboliques, intérêt exagéré pour le Matériel »
- Chapter 16: “Law of the Balance of Opposites” « Loi de l’Équilibre des Opposés »
- Chapter 17: “Law of Life Moderations” « Loi de l’Économie de Vie »
- Chapter 18: “Law of Rhythm” « Loi du Rythme »
- Chapter 19: “Law of Polarity” « Loi de Polarité »
- Chapter 20: “Law of Reincarnation” « Loi de Réincarnation »
- Chapter 21: “Law of Correspondence” « Loi de Correspondances »

▽ Δ Some details about the chakras, positions, colours ... Δ▽:

Inspired by the following book: WOLF, Élias. *Le Livre des 28 Chakras*, Les principaux centres d’énergie de notre corps, Paris, Guy Trédaniel Éditeur, 2007.

Chapter	Chakra	Position	Primary Colour / Complementary Colour
11	Back of the head chakra (other body chakra)	In the middle of the back of the head two or three finger widths above the third eye	Glacier blue/ Nut brown
12	The upper forehead chakra (other body chakra)	On the forehead, midway between the third eye and the crown chakra	Purple blue/ light green
13	Feet chakra (body points)	Toward the middle of the foot downward	Bright red/ Cyan (like root chakra)
14	Knee chakra (body points)	At the level of the knees, radiates in a double cone shape	Orange/ Light blue(like sacral chakra)
15	Elbow chakra (body points)	At the level of the elbows, radiates in a double cone shape (like knee chakras)	Canary yellow/ Dark blue (like solar plexus chakra)
16	Hand chakra (body points)	At the center of the palms	Emerald green/Magenta(like heart chakra)
17	Soul chakra (supra personal chakras)	A hand's breadth above the crown chakra	Saturated dark steel blue/Olive green
18	Gate of the Soul (supra personal chakras)	40 to 50 cm above the head	Medium blue Lilac /dark avocado green(both via interpolation)
19	The Superior guidance gate (supra personal chakras)	Above the head, wrist height when the arms are stretched upwards	Azure blue/Golden Olive

Chapter	Chakra	Position	Primary Colour / Complementary Colour
20	The vocation center (supra personal chakras)	Above the head, at the tips of the fingers, when the arms are extended upward	Azure dark blue/Light golden Olive
21	The Celestial Star (supra personal chakras)	At about two arm lengths (to the ends of the fingers), or 2 meters above the head	Dark purple blue/Gold

▽ Δ Inspiration taken from the following statements Δ ▽:

Inspired by the following book: GUIN, Catherine. *Le Tarot, mon miroir. Avec le Tarot, de lame en lame, je m'ouvre, je grandis en conscience et je chemine vers QUI JE SUIS*, Québec, Les Éditions ATMA internationales, 2010.

Chapter 1: "I can do All!" « Je peux tout ! »

Chapter 2: "I know everything!" « Je sais tout ! »

Chapter 3: "I create and communicate." « Je crée et communique. »

Chapter 4: "I take responsibility for what I have created." « J'assume ma responsabilité de ce qui a été créé. »

Chapter 5: "I know, and I will teach you if you want." « Je sais, alors je vais t'enseigner si tu veux. »

Chapter 6: "I choose myself before anything else." « Je me choisis avant toute chose. »

Chapter 7: "I am going forward on my life path." « J'avance sur le chemin de ma vie. »

Chapter 8: “Whatever happens is *All* right.” « Quoiqu’il arrive tout est juste. »

Chapter 9: “I take the time to stop and think.” « Je prends le temps de faire le point. »

Chapter 10: “I become the centered observer.” « Je deviens l’observateur centré. »

Chapter 11: “I am the master of my emotions and I express them calmly.” « Je suis maître de mes émotions et les exprime calmement. »

Chapter 12: “I trust that everything that happens to me is for the best.” « J’ai confiance, il m’arrive le meilleur. »

Chapter 13: “I agree to die in the old way.” « J’accepte de mourir à l’ancien. »

Chapter 14: “I let go and receive *All* solutions.” « Je lâche-prise et reçois toutes les solutions. »

Chapter 15: “I enjoy freely what I have.” « Je jouis en liberté de ce que j’ai. »

Chapter 16: “I open myself up to my Superior *consciousness*.” « Je m’ouvre à ma conscience Supérieure. »

Chapter 17: “I work with my intuition.” « J’œuvre avec mon intuition. »

Chapter 18: “I exist. I am unique. I make myself clear.” « J’existe. Je suis unique. Je me clarifie. »

Chapter 19: “I marvel at myself and I enjoy my life.” « Je m’émerveille et je suis la joie de vivre. »

Chapter 20: “I am new with every moment.” « Je suis nouveau à chaque instant. »

Chapter 21: “I self realize. I succeed at everything I do.” « Je me réalise. Je réussis tout ce que j’entreprends. »

Chapter 0 or 22: “I have a strong faith that keeps me going.” « J’ai une foi inébranlable qui me permet de continuer. »

▽ Δ Opening the sacred space Δ ▽:

VILLOLDO, Alberto. *Shaman, Healer, Sage*. How to heal yourself and others with the energy medicine of the Americas, New York, Published by Harmony Books, 2000.

Invocation

“To the winds of the South
Great serpent,
Wrap your coils of light around us,
Teach us to shed the past the way you shed your skin,
To walk softly on the Earth.
Teach us the Beauty Way.

To the winds of the West
Mother jaguar,
Protect our medicine space.
Teach us the way of peace, to live impeccably
Show us the way beyond death.

To the winds of the North.
Hummingbird, Grandmothers and Grandfathers,
Ancient Ones
Come and warm your hands by our fires
Whisper to us in the wind
We honor you who have come before us,

And you who will come after us, our children's children.

To the winds of the East.

Great eagle, condor

Come to us from the place of the rising Sun.

Keep us under your wing.

Show us the mountains we only dare to dream of.

Teach us to fly wing to wing with the Great Spirit.

Mother Earth.

We've gathered for the healing of all your children.

The Stone People, the Plant People.

The four-legged, the two-legged, the creepy crawlers.

The finned, the furred, and the winged ones.

All our relations.

Father Sun, Grandmother Moon, to the Star Nations.

Great Spirit, you who are known by a thousand names

And you who are the unnamable One.

Thank you for bringing us together

And allowing us to sing the Song of Life.”

PRAYER FOR CREATING SACRED SPACE

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I would like to thank *All* the authors for creating and sharing such valuable growth tools... Tools that have contributed, among other things, to the birth of: Chant-All the Alchemist Fairy returning to the Source of *All* and much more, since any tool that helps spiritual growth eventually contributes, one way or another, to *enlightenment*!

A thousand thanks - Creators!!!

About the Author



☆Chantal Leduc☆ is a Writer, Author, Editor, Professional certified NLP Coach, Coach in Energy Communication, Spiritual Teacher, Soul *Awakener*, Channel and Healer. She is also the owner of “Coaching Claire Vision Chantou” and “Les Éditions Chantou” and much more! She is an eternal student who Loves to share her *knowledge*, hence the interest in writing books, giving entertaining workshops and speeches. She channels her *knowledge* in the best interest of the receivers for the present moment. Here is the first book “Chant-*All* the Alchemist Fairy returning to the Source of *All*”... of a trilogy. Two more books will follow... because there is still a lot of information to come.

One of the main goals of this book is to use it in workshops either one on one or in groups. I currently teach tarot utilizing it as a reference tool. I created a 23 week course based on a week per major Arcanum (there are 22 major Arcana) and an extra week to finalize the course. Each week you receive a PDF document by email for the course and the week after, we meet, in person, by phone or via Skype. That way you receive one hour per week of Coaching with me. The course consists of a theoretical and a practical part with the practical part being 99.999% of the course. I consider this course to be a powerful tool for helping you familiarize yourSelf with the different energy of each Arcanum. It will help you hear the voice of your own intuition and enable you to interpret your own symbols and signs and much more! At the end you will be able to do Soul readings... for yourSelf and others and you will also be

able to recognize the energy of each Arcanum... energy that corresponds to different archetypes or masks. This course is one of the courses that has transformed my whole existence so that I am now able to Guide you during your own Life transformation!

Are you good at organizing groups or would you like to participate in a workshop with a friend? I offer a 10% discount off the price of the course per person referred. Contact me at 450 544-1375 or chantal@coachingchantou.com it will be a pleasure to meet you!

Follow me on my weekly online radio show on Wednesdays at 11 a.m.in French or at 4 p.m. in English live or at your convenience, the link is good for 30 days after the show and you can also download it and listen to it later. Find the link on my facebook page or write me an email requesting my weekly newsletter which has the link to my show.

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